

CarerQol-7D

We would like to form an impression of your caregiving situation.

Please tick a box to indicate which description best fits your caregiving situation at the moment.

Please tick *only one* box per description: 'no', 'some' or 'a lot of'.

	no	some	a lot of	
a. I have	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	fulfilment from carrying out my care tasks.
b. I have	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	relational problems with the care receiver (<i>e.g., he/she is very demanding or he/she behaves differently; we have communication problems</i>).
c. I have	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	problems with my own mental health (<i>e.g., stress, fear, gloominess, depression, concern about the future</i>).
d. I have	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	problems combining my care tasks with my daily activities (<i>e.g., household activities, work, study, family and leisure activities</i>).
e. I have	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	financial problems because of my care tasks.
f. I have	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	support with carrying out my care tasks, when I need it (<i>e.g., from family, friends, neighbours, acquaintances</i>).
g. I have	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	problems with my own physical health (<i>e.g., more often sick, tiredness, physical stress</i>).

CarerQol-VAS

How happy do you feel at the moment?

Please place a mark on the scale below that indicates how happy you feel at the moment.

completely unhappy

completely happy

